

**AL GHAMGOSAR, D.P.M.**

Foot & Ankle Surgery • Trauma • Reconstruction

Fellow, American College of Foot & Ankle Surgeons  
Diplomat, American Board of Podiatric Surgery

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FIRST: \_\_\_\_\_ MI: \_\_\_\_\_ LAST: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ MALE/FEMALE SSN#: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK: \_\_\_\_\_ CELL: \_\_\_\_\_

PLACE OF EMPLOYMENT: \_\_\_\_\_

SPOUSE OR GURANTOR: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PRIMARY PHYSICIAN: \_\_\_\_\_ PHONE#: \_\_\_\_\_

WHO CAN WE THANK FOR REFERRING YOU: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

**INSURANCE INFORMATION**

PRIMARY INSURANCE: \_\_\_\_\_ ID#: \_\_\_\_\_

SUBSCRIBER: \_\_\_\_\_ GROUP #: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

I hereby give permission to Dr. Ghamgosar's office to examine and treat my feet and/or ankles. I authorize my insurance benefits to be paid directly to Dr. Ghamgosar's office. I understand and agree that (regardless of my insurance) I am ultimately responsible for the balance on my account for all services rendered by the Peninsula Foot & Ankle Center.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Peninsula Foot & Ankle Center**  
50 S. San Mateo Drive, Ste. 150 San Mateo, CA 94401  
Ph (650) 242 1689 Fx (650) 477-2162  
[www.PenFoot.com](http://www.PenFoot.com)

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## Health History

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_

Name of Primary Care Physician: \_\_\_\_\_ Date last seen: \_\_\_\_\_

What foot or ankle problems are you having? \_\_\_\_\_  
\_\_\_\_\_

When did this start? \_\_\_\_\_ Due to an injury? Yes No Workers Comp? Yes No

List any prior professional care you received for this issue: \_\_\_\_\_  
\_\_\_\_\_

List all medications that you currently use or simply give your medication list to the receptionist:  
\_\_\_\_\_

List any allergies you have to medication: \_\_\_\_\_

List any surgeries you have had in the past with approximate dates: \_\_\_\_\_  
\_\_\_\_\_

Do you have a family history of:

Diabetes  Cancer  Heart Disease  High Blood Pressure  Stroke

Do you smoke? Y N packs per day? \_\_\_\_\_ Do you drink alcohol? Y N drinks per day? \_\_\_\_\_

Please check any condition that you have or had:

<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Chronic Infections
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Hypo/Hyperthyroidism	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Lung Problems	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Stroke	<input type="checkbox"/> Stomach Problems	<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> Seizures	<input type="checkbox"/> Cancer: type? _____	<input type="checkbox"/> Anxiety
		<input type="checkbox"/> Depression

Other condition(s) not listed: \_\_\_\_\_

Who should we contact in case of an emergency? \_\_\_\_\_

Phone Number: \_\_\_\_\_ Relationship: \_\_\_\_\_

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I, \_\_\_\_\_, understand that as the member of my insurance plan, I may be billed for any co-payment, deductibles, non-covered services, or any patient balance that I may incur due to services rendered at the Peninsula Foot & Ankle Center.

Please refer to your insurance card for applicable information.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**ACKNOWLEDGMENT OF RECEIPT  
OF  
NOTICE OF PRIVACY PRACTICES**

I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read and understood the notice.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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